

Middle School

UNIFORM GUIDE



Grades 6 to 8

Students are expected to arrive and leave school in full uniform.

***Only available at the GNS Uniform Store**

Number One Dress

Wednesdays, Special Events and some Field Trips

- ☐ White dress shirt (short or long sleeved)*, tucked in
- ☐ School tie*
- ☐ Navy school blazer*
- ☐ Tartan kilt with kilt pin*
- ☐ Navy or black under-kilt shorts, in an opaque fabric
- ☐ Navy knee socks
- ☐ Solid black *polishable* shoes
- ☐ Navy tights allowed on cold days

- **or** -

- ☐ White dress shirt (short or long-sleeved)*, tucked in
- ☐ School tie*
- ☐ Navy school blazer*
- ☐ Grey dress pants* (grey dress shorts are **not** permitted)
- ☐ Grey trouser socks
- ☐ Black belt with a *small, conservative* buckle
- ☐ Solid black *polishable* shoes

Optional Number One Dress Items

- ☐ Navy v-neck pullover*
Worn with white dress shirt, tie, and blazer

Daily Dress

Mondays, Tuesdays, Thursdays and Fridays

Top Options

- ☐ White dress shirt (short or long-sleeve)*, tucked in
- ☐ Navy golf shirt with GNS logo (short or long- sleeve)*
- ☐ White golf shirt with GNS logo (short or long sleeve)*

Worn with white dress shirt or navy/white golf shirt

- ☐ Hoodie, *crested** (navy, green or white)
- ☐ ¼ Zip*
- ☐ Navy GNS Sweatshirt*
- ☐ Navy V-neck pullover sweater*

Bottom Option: Kilt ☐ Tartan kilt with kilt pin* ☐ Navy or black opaque under kilt shorts ☐ Navy knee socks or navy tights ☐ Solid black <i>polishable</i> shoes	Bottom Option: Navy Skirt or Skort ☐ Navy skirt or skort* ☐ Navy or black opaque under kilt shorts ☐ Navy knee socks or navy tights ☐ Solid black <i>polishable</i> shoes	Bottom Option: Pants ☐ Grey dress pants* ☐ Grey trouser socks ☐ Black belt with a <i>small, conservative</i> buckle ☐ Solid black <i>polishable</i> shoes	Bottom Option: Shorts ☐ Grey dress shorts* ☐ Grey knee socks ☐ Black belt with a <i>small, conservative</i> buckle ☐ Solid black <i>polishable</i> shoes
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PHE Kit

Days when PHE Class is scheduled, including Number One and Daily Dress Days, and some Field Trips

- ☐ House shirt* (red, yellow, green or blue)
- ☐ Navy GNS athletic shorts, track pants or sweatpants*
- ☐ White athletic socks
- ☐ Non-marking running shoes

Optional PHE Items

- ☐ Navy tracksuit jacket*
- ☐ Hoodie, crested* (navy, green or white)
- ☐ Navy GNS sweatshirt*

Athletic Team Kit

Students participating on any GNS athletic team will be expected to wear GNS outerwear. Recommended:

- ☐ GNS track jacket*
- ☐ GNS track pants*

Dress Code & Uniform Details

How to wear the uniform

Students should arrive and leave the school each day in full uniform. The uniform must be kept in good condition: clean, no rips or tears, no large stains, etc. Regardless of what uniform is worn on a particular day, students are expected to wear the uniform properly (e.g., proper fit, proper shoes, shirt tucked in, appropriate kilt length, appropriate pant length).

Tops

- Dress shirts must be tucked in at all times. The white dress shirt in the uniform is a plain, collared, Oxford cloth shirt with the GNS logo embroidered on the sleeve (short sleeve) or cuff (long sleeve)
- Golf shirts may be worn untucked. Golf shirts where the stitching runs past the student's natural shoulder are too big/oversized and are not allowed

Bottoms (Kilts, pants, shorts)

- When seated, kilts should *cover the seat of the chair*.
- Under kilt shorts in black or navy, in an opaque fabric, are required

Shoes

- Footwear must be worn at all times in school. Shoes should provide adequate support to be comfortable and have a flat heel

- *Solid black, polishable* shoes are required (no colour accents, stitching or outer soles)
- Shoes must be below the ankle. No boots, including Blundstones, Native or Doc Martens, or high top shoes are permitted

PHE and Athletic Shoes

- Non-marking outer sole

Hats

- Hats are not worn in school, except in classes where they are part of a costume

Outerwear & Seasonal Weather

- Students who are cold in the school should wear their GNS school sweaters, blazers, hoodies or sweatshirts
- Unbranded outerwear is allowed during outdoor recess time and while coming to and from school. All non-GNS personal clothing must be kept in student lockers during the day
- Non-GNS sweaters, sweatshirts, hoodies or any other shirt are not allowed to be worn inside the school

Hair & Jewelry

- Hair should be clean, neat, tidy and kept out of students' eyes
All jewelry must be inconspicuous. Earrings and a small nose stud are allowed
- Other visible body piercing is not allowed

Make-Up and Tattoos

- Make-up is strongly discouraged
- Artificial nail extensions are not allowed
- Visible tattoos are not allowed

House Colours

Every GNS student, faculty and staff member is assigned to one of our four houses: Caister-Mackenzie (red), Wymondham-Douglas (yellow), Dereham-Fraser (blue) or Walsingham-Thompson (green). Junior and Middle School students are expected to wear house t-shirts for PHE and for some special events (e.g., Terry Fox Run, Spirit Day). Students can earn house points throughout the year through contests, challenges and by demonstrating the school's core values. At the end of the year, the house that has earned the most points is awarded the coveted House Cup.

Middle School (Grade 6-8)

NUMBER ONE DRESS

Wednesdays, Special Events and some Field Trips



White dress shirt (short or long sleeved), tucked in



School tie



Navy school blazer



Tartan kilt with kilt pin



Navy or black under-kilt shorts, in an opaque fabric

or

Grey dress pants



Grey trouser socks

Navy knee socks



Navy tights allowed on cold days

Solid black polishable shoes



Black belt with conservative buckle



Optional #1 Items:

Navy v-neck pullover
Worn with white dress shirt, tie and blazer

Middle School (Grades 6-8)

DAILY DRESS

Mondays, Tuesdays, Thursdays and Fridays

Top Options



White dress shirt (short or long sleeved), tucked in



Blue or white golf shirt with GNS logo (short or long sleeved)

Worn with white dress shirt, navy golf shirt or white golf shirt:



Hoodie, crested (navy, green or white)

1/4 Zip



Navy GNS Sweatshirt



Navy v-neck pullover

Bottom Options *with solid black polishable shoes*

Kilt



Tartan kilt with kilt pin



Navy or black opaque under-kilt shorts

Navy knee socks or navy tights



Navy skirt or skort



Navy skirt or skort

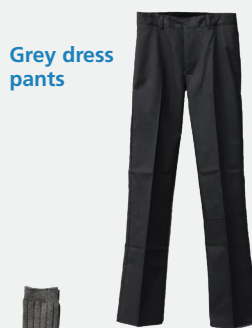


Navy or black opaque under-kilt shorts

Navy knee socks or navy tights



Pants



Grey dress pants

Grey trouser socks

Black belt with conservative buckle



Shorts



Grey dress shorts



Grey knee socks

Black belt with conservative buckle



Middle School (Grades 6-8)

PHE KIT

Days with PHE Class and some Field Trips

Top Options



House shirt (red, yellow, green or blue)

Bottom Options



Navy GNS sweatpants



Navy GNS athletic shorts

PHE wear must include *athletic socks* and *non-marking running shoes*

Athletic Team Kit

Students participating on any GNS athletic team will be expected to wear GNS outerwear. Recommended:



Navy GNS tracksuit jacket



Navy GNS track pants

Optional PHE Items:



Navy tracksuit jacket



Hoodie, crested (Navy, green or white)



Navy GNS sweatshirt



Navy GNS track pants